

Kathryn Ford, M.D.

Reading List

- Cozolino, Louis J.: The Neuroscience of Psychotherapy: Healing the Social Brain. New York: W.W. Norton & Company, 2010. ISBN 978-0-393-70642-0
- Doidge, Norman: The Brain That Changes Itself: Stories of Personal Triumph from the Frontiers of Brain Science. New York: Penguin Group, 2007. ISBN: 978-0-670-03830-5
- Gottman, John M.: The 7 Principles for Making Marriage Work. New York: Three Rivers Press, 1999. ISBN: 0-609-80579-7
- Isaacs, William.: Dialogue: The Art of Thinking Together. New York: Doubleday, 1999. ISBN: 0-385-47999-9
- Kahn, Michael.: The Tao of Conversation. Oakland: New Harbinger, 1995. ISBN 1-57224-029-6
- Kahneman, Daniel: Thinking Fast and Slow. New York: Farrar, Straus and Giroux, 2011. ISBN: 978-0374-27563-1
- Lewis, T., Amini, F., & Lannon, R. A General Theory of Love. New York: Random House, 2000. ISBN 0-375-50389-7
- Shapiro, Shauna L., and Linda E. Carlson. The Art and Science of Mindfulness: Integrating Mindfulness into Psychology and the Helping Professions. Second edition. Washington, DC: American Psychological Association, 2017.
- Siegel, D.J.. Mindsight . New York: Bantam Books, 2010. ISBN 978-0553-80470-6